



Family Music – Sing With Me

Activities for the Whole Family



Songs and Dances for Young Children.



MUSIK
GARTEN

Dear Parents,

Children have an inborn love for music! They are born with the ability to sing, to move rhythmically, and to express themselves musically! Our fondest hope for *Family Music* is that it will help you and your toddler enjoy musical play together to develop these natural talents.

In this book you will find songs and activities from the *Family Music* collection with suggestions for using them at home.

Very young children love repetition and learn best in this way. At home you can repeat the activities in appropriate moments, making them more intimate and personal while doing them over and over to the delight of your child. Living with music daily at home complements the weekly *Family Music* class in which you have the opportunity to share a musical experience with other parents and toddlers.

Home is the most important learning environment in your child's lifetime, and your role as parent/caregiver is a crucial one in this dynamic period of development. Your love and closeness support a happy, well-adjusted child; your presence and participation confirm the value of the activity and provide the security to explore.

Sing often with your child! While the songs on this recording provide an excellent model, nothing is more important for your child's musical development than your own active participation in music-making. Join together in singing, dancing, and playing instruments, involving everyone in your family.

Use this book as a source of ideas for playing musically with your toddler, by yourselves and with other families, indoors and out, on special occasions and in quiet moments. Then let your own creative impulse guide you; follow your child and invent activities together. Know that even as you play, your child is learning invaluable lessons for life.

Lorna Lutz Heyge

Audrey Sillick

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Bounce Along




Bounce a - long, bounce a - long, bounce a - long so hap - pi - ly.


Bounce a - long, bounce a - long, bounce a - long and smile at me.


Hold on tight, we'll bounce up high. Hold on tight, you'll al - most fly!


Bounce a - long, bounce a - long, bounce a - long so hap - pi - ly.

You and your child will have fun bouncing to the beat of this lively German folksong. Hold your child on your knees while you sit on a chair or on the floor with your legs outstretched. Sing the song while you are bouncing. Your child will be stimulated by feeling the beat in his/her whole body. If your child is still young and light, lift him/her in the air for “bounce up high” and “almost fly.”

Try accompanying the song with your rhythm sticks. You can also use jingles, shakers, or drums.

Melody from the German Folksong *Hopp, Hopp, Hei*

Recorded by: Children's Choir, Clarinet, Oboe, Bassoon, Harpsichord

Twinkle, Twinkle, Little Star



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Fine

Twin - kle, twin - kle, lit - tle star, how I won - der what you are.

D.C.
al Fine

Up a - bove the world so high, like a dia - mond in the sky.

Sing the song making finger movements for stars twinkling (open and close your fingers), pointing up high, the world (make a circle with your arms), and diamond (touch thumbs and index fingers).

Go outside on a warm night and look at the stars together. If you live in the city, you may wish to plan a special outing away from the city lights so that the stars will be more visible. This can be a wonderful quiet time to experience the wonders of the night.

Recorded by: Children's Choir, String Quartet



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Polonaise: The English Dancing Master

Accompanying music by playing instruments gives your young child great joy. We have chosen this selection with its many variations to give your child a chance to play a variety of instruments in his/her own way. Put out your entire selection of instruments, which your child has learned how to handle: the rhythm sticks, a shaker instrument, a kitchen-kettle drum, and so on. Allow your child freedom in choosing the instrument and deciding how to play along. Depending on the instrument, s/he may also move while playing. Encourage your child to explore various sounds, tempi and dynamics. You and your child can take turns leading, or even establish a question-and-answer dialog with the instruments.

Recorded by: Ensemble for Renaissance Music

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